



## On Masculine and Feminine Energies

For harmony in romantic relationship, CHOOSE your Dominant Energy.

Do you wish to be

a ***cherished*** feminine follower?

or a ***respected*** masculine leader?

A feminine follower seeking to be respected for her ideas by a masculine man unconsciously competes with him. This kills chemistry. Respect from male colleagues in the workplace is wonderful, and not romantic. A feminine follower can respect her man and seek to be cherished. Her vibration and energy is different with her man than at work and in the world. A masculine leader who seeks to be cherished will confuse and turn off a feminine follower. He cherishes her, seeks to be respected and leads.

Order is restored.

Choose your prominent energy and think of the other energy as your background energy, your “odd” and infrequent energy.

Picking both at once, at any time, is narcissism. As Dr. Pat Allen says, that is also known as remaining single.

Committing to your chosen energy promotes harmony.  
Commitment to God and self is the antidote to loneliness and feelings of loss and abandonment.

And so, the path to commitment begins within you, and your choices, regardless of whether you're partnered yet.

This is not always easy at first. Go one day at a time!!